



THE CORPORATION  
OF  
THE TOWN OF HALTON HILLS

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Moved by: \_\_\_\_\_ Date: March 9, 2020  
Mayor R. Bonnette

Seconded by: \_\_\_\_\_ Resolution No.: \_\_\_\_\_

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Item No. 15.3

WHEREAS one in four secondary school students and one in five elementary school students in Halton have reported signs of moderate to high anxiety, and 24% of secondary students in Halton have reported signs of moderate to high depression;

AND WHEREAS the diagnoses of mental disorders begins to increase dramatically between ages 13 to 15 years, it is essential that young people be able to have the knowledge, attitudes and competencies to help themselves and others if necessary;

AND WHEREAS students need to understand signs and symptoms of mental distress and their treatments, how to look after their own mental health and where to get help;

AND WHEREAS schools are uniquely positioned to provide students with mental health education, giving students the tools they need to navigate mental health problems they might encounter, and to recognize when a friend or loved one might be struggling;

AND WHEREAS mental health awareness and education are necessary in high schools to support the well-being of all students;

AND WHEREAS open and honest discussion about mental health reduces the stigma that surrounds it.

NOW THEREFORE BE IT RESOLVED THAT Town of Halton Hills Council request that the Province of Ontario enhance mental health education and programming in Ontario's secondary school curriculum;

AND FURTHER THAT this resolution be circulated to the Honourable Stephen Lecce, Minister of Education, Michael Tibollo, The Associate Minister of Mental Health and Addictions, the Association of Municipalities of Ontario, Halton's Members of Provincial Parliament (MPP's) and the four Halton School Boards for their information.

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Mayor Rick Bonnette